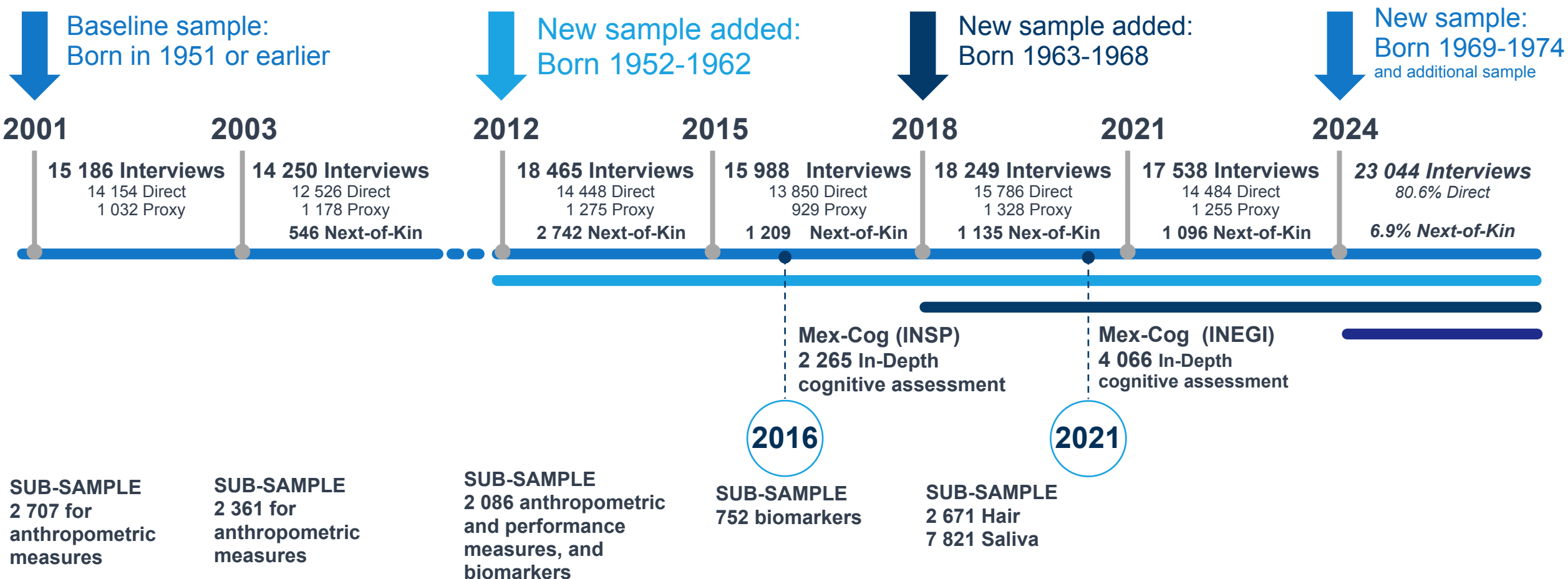




National Survey on
Health and Aging in
Mexico (ENASEM)

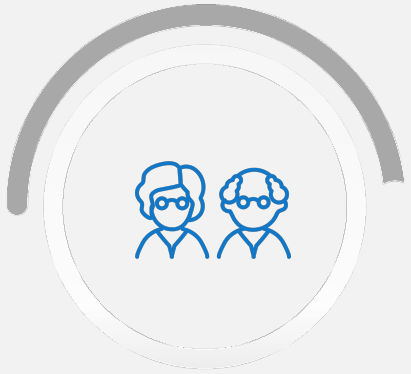
ENASEM 2024

ENASEM in time



Themes

Sociodemographic Characteristics



- Person of interest
- Information on children and partners
- Family and social networks

Migration



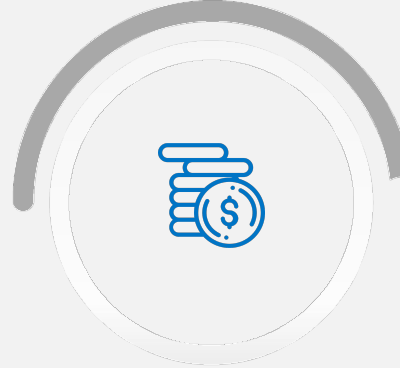
- Migration history

Dwelling



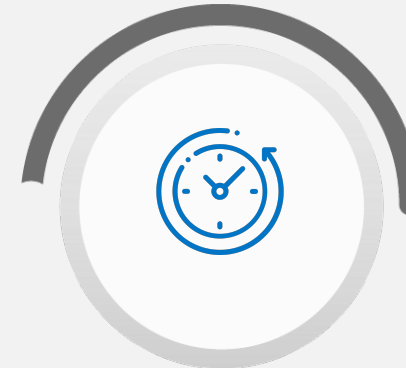
- Dwelling characteristics

Economic Characteristics



- Labor history
- Income, pensions and wealth
- Support

Lifestyles and Time Use



- Tobacco and alcohol

- Physical activities
- Use of Time

Physical and Mental Health



- Health outcomes
- Current illness
- Functional state
- Depression
- Satisfaction
- Cognitive state

Challenges

Follow-up with participants...



Focus on older population → Migration, death, institutionalization populations, onset of disabilities.

For 2024:

- Preliminary follow-up for two months
- 90.9% of participants were localized
- 80.6% will be able to provide their information
- 6.9% died
- 3.4% proxy informant



Conociendo México

800 111 46 34
www.inegi.org.mx
atencion.usuarios@inegi.org.mx

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GRACIAS

