## Measurement

# of Caring Responsibilities of Women and Men in Japan 

## Gender Equality Bureau Cabinet Office

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## 0. Introduction

## - The statistical system of the Japanese government is decentralized

Gender Equality Bureau, Cabinet Office

## Director-General for Policy Planning

 on Statistical Standards, Ministry of Internal Affairs and Communications> Ministrys
> responsible for collecting, publishing and analyzing sex-disaggregated data
> in each field.

## Gender Statistics in Japan

- Enhancing data collection segregated by sex among Japanese ministries
- Such data make it possible
- to analyze the differences in situations between men \& women
- to measure the distribution of resources and benefit between men \& women
- to assist policy making to improve gender equality


## ii. Major Statistical Surveys in Japan

| Statistics | Ministry | Sex- <br> segregated <br> data |
| :--- | :--- | :---: |
| ■ Population Census <br> - Labour Force Survey <br> - Family Income and Expenditure <br> Survey | Ministry of <br> Internal Affairs and <br> Communications | O |
| Comprehensive Survey of Living <br> Conditions <br> - Longitudinal Survey of Adults in 21st <br> Century | Ministry of <br> Health, Labour <br> and Welfare | O |
| - Japan's Education at a Glance <br> Survey on Full Time Equivalent (FTE) <br> data for Research Staff members in <br> Higher Education Organization | Ministry of <br> Education, Culture, <br> Sports, Science <br> and Technology | O |
| Survey on Violence Between Men and | Cabinet Office | O |

## iii. Main Surveys regarding Caring

- "Comprehensive Survey of Living Conditions" (every 3 years)
- "Survey of Long-term Care Benefit Expenditures" (monthly)
- Ministry of Health, Labour and Welfare
- "Survey on Time Use and Leisure Activities" (every 5 years)
- Ministry of Internal Affairs and Communications"

■ "Survey on Independent Life of Elderly"
(2008, ad hoc)
-Cabinet Office

## iv. Caring Responsibilities of Women and Men

## - Situation regarding elderly people

## The rate of senior citizens aged $\geqq 65$

about<br>23\% (2010) about

40\% (2055)
*estimated under certain assumptions)

## The number of seniors <br> requiring nursing care about <br> 2.2 million (2000)

 about4.7 million (2009)
*number of users of Long -term Care Insurance system

## The Change of family structure

The number of ...

- Children
- Nuclear families
- Elderly single-person households
$\checkmark$ Established
"Long-term Care Insurance System" (2000)


## Increase in the Number of Elderly People Aged 75 or over

OAlthough the ratio of population over 75 years of age in Japan is now one to ten, it is estimated the ratio will be one to five in 2030 and one to four in 2055.


[^0]affer 2010: Population Projection for Japan (estimated in December, 2006) (Moderate projection), National Instifute of Population and Social Security Research

# iv. Caring Responsibilities of Women and Men 

- Long-Term Care Insurance System
- System to support the nursing care of elderly people across society
- Premiums are decided based on financial condition and projected service cost so that financial conditions can be balanced
$\checkmark$ Needed and constructed
Statistical system to collect national data on insured and users segregated by sex


## The Long-term Care Insurance Scheme is operated in three-year cycles.

O Municipal governments formulate a long-term care insurance service plan where three years are regarded as one phase (however, one phase is five years until FY2005) and review it every three years.
O Insurance premiums are set every three years based on projected service costs specified in a service plan so that financial conditions can be balanced throughout the next three years. (Insurance premiums are not changed during such three years.)

| Operation period (FY) |  | Service plan |  |  | Benefits | Insurance premiums |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & 2000 \\ & 2001 \\ & 2002 \end{aligned}$ |  |  |  |  |  | $\int \begin{gathered} 2,911 \text { yen } \\ \text { (National average) } \end{gathered}$ |
| $\begin{aligned} & 2003 \\ & 2004 \\ & 2005 \end{aligned}$ | [ | $\stackrel{\circ}{\stackrel{\circ}{\square}}$ | $\begin{aligned} & \ddot{0} \\ & 0_{0}^{0} \\ & 0 \\ & 0 \\ & 0 \\ & 0 \end{aligned}$ |  |  | $\} \begin{gathered} 3,293 \text { yen } \\ \text { (National average) } \end{gathered}$ |
| $\begin{aligned} & 2006 \\ & 2007 \\ & 2008 \end{aligned}$ |  |  |  |  |  | $\left\{\begin{array}{c} 4,090 \text { yen } \\ \text { (National average) } \end{array}\right.$ |

# iv. Caring Responsibilities of Women and Men 

■ Points

1. Main caregivers in households are females.
2. Most care workers are female. About 40\% of females care workers are non-regular employees.
3. Most users of Long-term Care Insurance aged 65+ are also females.
4. Females tend to need care for longer periods than males.
5. The cause of care needs are different between women and men.
6. There are differences in time spent on caring activities between women and men.

# iv. Caring Responsibilities of Women and Men 

1. Main caregivers in households are females.

Main caregiver in the household by sex

Data: "Comprehensive Survey of Living Conditions," Ministry of Health, Labour and Welfare (2007)

## iv. Caring Responsibilities of Women and Men

2-1. Most care workers are females. About 40\% of female care workers are non-regular employees.

Care workers by sex and employment situation

|  | N | Regular <br> employment | Non-regular <br> employment | Unknown |
| :---: | ---: | ---: | ---: | ---: |
| Female | 23,330 | $60.7 \%$ | $39.2 \%$ | $0.1 \%$ |
| Male | 5,681 | $86.9 \%$ | $12.9 \%$ | $0.1 \%$ |
| Both sexes | 29,124 | $65.8 \%$ | $34.1 \%$ | $0.1 \%$ |

Data: Survey of working conditions of care workers, Care Work Foundation (2006)

## iv. Caring Responsibilities of Women and Men

## 2-2. Earnings of care workers tend to be lower than average earnings

## Contractual cash earnings by job and sex

|  |  | Ave. age | Ave. service years | Contractual cash earnings (monthly) |  | Other allowance ('000 yen) | $\begin{gathered} \text { Estimate of } \\ \text { annual } \\ \text { earnings } \\ \text { ('000 yen) } \\ \hline \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | ('000 yen) |  | Without overtime allowance |  |  |
| All | Male workers |  | 41.9 | 13.3 | 372.4 | 336.7 | 1078.4 | 5118.8 |
|  | Female workers | 39.2 | 8.7 | 241.7 | 225.2 | 568.4 | 3270.8 |
| Care workers | Nursing home care workers (Male) | 32.6 | 4.9 | 225.9 | 213.6 | 514.2 | 3077.4 |
|  | Nursing home care workers (Female) | 37.4 | 5.2 | 204.4 | 193.7 | 446.8 | 2771.2 |
|  | Home-care worker (Female) | 45.3 | 5.1 | 207.4 | 194.0 | 304.8 | 2632.8 |
|  | Certified Care <br> Manager (Female) | 45.0 | 7.1 | 261.8 | 253.3 | 636.3 | 3675.9 |

## iv. Caring Responsibilities of Women and Men

3. Most users of Long-term Care Insurance aged 65+ are also females.

## Number of users of Long-term Care Insurance System

## Female about 2.8 million > Male about 1.1 million

|  | N | Support <br> Level 1 | Support <br> Level 2 | Care <br> Level 1 | Care <br> Level 2 | Care <br> Level 3 | Care <br> Level 4 | Care <br> Level 5 |
| :---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Female | $2,821.0$ | 280.4 | 353.4 | 494.9 | 507.5 | 435.6 | 400.5 | 348.7 |
|  | $(9.9 \%)$ | $(12.5 \%)$ | $(17.5 \%)$ | $(18.0 \%)$ | $(15.4 \%)$ | $(14.2 \%)$ | $(12.4 \%)$ |  |
| Male | $1,103.5$ | 87.8 | 106.6 | 195.3 | 238.1 | 201.9 | 159.8 | 114.6 |
|  | $(100.0 \%)$ | $(8.0 \%)$ | $(9.7 \%)$ | $(17.7 \%)$ | $(21.6 \%)$ | $(18.3 \%)$ | $(14.5 \%)$ | $(10.4 \%)$ |
| Both sexes | $3,924.5$ | 368.2 | 460 | 690.2 | 745.6 | 637.5 | 560.3 | 463.3 |
|  | $(100.0 \%)$ | $(9.4 \%)$ | $(11.7 \%)$ | $(17.6 \%)$ | $(19.0 \%)$ | $(16.2 \%)$ | $(14.3 \%)$ | $(11.8 \%)$ |

(Users aged 65 years old and over)
Data: "Survey of Long-term Care Benefit Expenditures," Ministry of Health, Labour and Welfare (July 2010)

## iv. Caring Responsibilities of Women and Men

## 4. Females tend to need care for longer periods than males.

Total life expectancy and active life expectancy by sex



Data: Tsuji, I., Minami, Y., Fukao, A., et al. Active life expectancy among the elderly Japanese. Journal of Gerontology, 1995; 50A:M173-M176.

## iv. Caring Responsibilities of Women and Men

## 5. The cause of care needs are different between women and men.

Major reasons for need of assistance or care by sex


## V. Caring Responsibilities of Women and Men

## 6. There are differences in time-use on caring activities between women and men

## Average time spent on caring or nursing activities

|  | The number of <br> caregivers <br> (thousand) | Participation <br> rate <br> (\%) | Average time <br> spent by all <br> caregivers <br> (hours:minutes) | Total time |  |
| :---: | ---: | ---: | ---: | ---: | ---: |
| (10 thousand) | Composition <br> ratio <br> (\%) |  |  |  |  |
| Female | 3,329 | $38.6 \%$ | $1: 00$ | 333 | $76.4 \%$ |
| Male | 2,008 | $21.4 \%$ | $0: 31$ | 104 | $23.8 \%$ |
| Both sexes | 5,336 | $32.2 \%$ | $0: 49$ | 436 | $100.0 \%$ |

(Weekly average, persons aged 15 years old and over)

## iv. Measures proposed by the Council regarding Caring

- Council for Gender Equality proposed (2008):
- Promotion of employment and social participation of elderly people of both sexes
- Improvement of systems and environments that increase the economic independence of elderly people
- Support for the independent living of elderly people within families and communities
- Ensure initiatives in medical services and preventive care take into account differences between women and men
- Construct foundations for quality healthcare services


## National Machinery for the Promotion or the Formation of a Gender-equal Society

## Structure for the Promotion of the Formation of a Gender-equal Society

## Headquarters for the

Promotion of Gender Equality
-Established in the Cabinet (July 1994) -Promote the smooth and effective Implementation of measures

President
Prime Minister
Vice President
Chief Cabinet Secretary
Minister of State for Gender Equality
Members
All Cabinet Ministers

Coordinators for Gender Equality (Director-Generals of relevant Ministries and Agencies)
Meeting of Coordinators for
Gender Equality

## Council for Gender Equality

-Established within the Cabinet -Study and deliberate on basic policies and measures and important matters - Monitor the implementation status of government measures
-Survey the effects of government measures


Chief Cabinet Secretary

Members
12 Cabinet Ministers 12 Intellectuals

Specialist Committees

Liaison Conference for the Promotion of Gender Equality
-A network of collaboration and coordination comprised of intellectuals from all levels and sectors of society

- Exchange information and opinions and promote national measures

Members
vomen's groups, media, economic organizations, educational bodies, local governments,
intellectuals, etc

## Gender Equality Bureau, Cabinet Office

-Secretariat for the Council for Gender Equality

- Planning and overall coordination of various matters related to promoting the formation of a gender-equal society
-Preparation of the White Paper on Gender Equality and research and studies -Dissemination and enlightenment of the Basic Law for a Gender-equal Society Coordination and cooperation with local governments, private groups and international organizations

International Orqanization

Coordination and cooperation
$\sqrt{3}$ Overall coordination and promotion
Related Government Bodies

## Thank you!

http://www.gender.go.jp/english_contents/index.html email: sizuka.takamura@cao.go.jp


[^0]:    Source: Up to 2005: Population Census, Statistics Bureau, Ministry of Internal Aftairs and Commmications: In 2007. Population Estimates

