Table 1 presents for the world and major areas and regions estimates of the order of magnitude of population size, rates of population increase, crude birth and death rates, land area as well as population density.


All population estimates and rates presented in this table were prepared by the Population Division of the United Nations Department of Economic and Social Affairs, and have been published in the 2019 Revision of World Population Prospects.

The scheme of regionalization used for these estimates is described below. Although some continental totals are given, this table presents six major areas that are so drawn as to obtain greater homogeneity in sizes of population, types of demographic circumstances and accuracy of demographic statistics. Five of the major areas are subdivided into a total of 20 regions, which are arranged within the major areas; these regions together with Northern America, which is not subdivided, make a total of 21 regions.

The major areas of Northern America and Latin America and the Caribbean are distinguished, rather than the conventional continents of North America and South America, because population trends in the middle American mainland and the Caribbean region more closely resemble those of South America than those of America north of Mexico. Data for the traditional continents of North and South America can be obtained by adding Central America and Caribbean region to Northern America and deducting from Latin America. Latin America, as defined here, has somewhat wider limits than it would be if defined only to include the Spanish-speaking, French-speaking and Portuguese-speaking countries.

The average annual percentage rates of population growth are calculated by the Population Division of the United Nations using an exponential rate of increase.

Crude birth and crude death rates are expressed in terms of the average annual number of births and deaths, respectively, per 1 000 mid-year population. These rates are estimated.

The land areas of regions are estimated by the Population Division of the United Nations.

Computation: Density, calculated by the Statistics Division of the United Nations, is the number of persons in the total population of 2019 per square kilometer of the respective land area.

Reliability of data: With the exception of land area, all data are set in italic type to indicate their conjectural quality.

Limitations: The estimated orders of magnitude of population and land area are subject to all the basic limitations set forth in connection with table 3, and to the same qualifications set forth for population and surface area statistics in sections 3 and 2.4 of the Technical Notes, respectively.

Likewise, rates of population increase and population density are affected by the limitations of the original figures. However, it may be noted that, in compiling data for regional and major areas totals, errors in the components may tend to compensate each other and the resulting aggregates may be more reliable than the quality of the individual components would imply.

Because of their estimated character, many of the birth and death rates shown should also be considered only as orders of magnitude, and not as measures of the true level of fertility or mortality.

In interpreting the population densities, one should consider that some of the regions include large segments of land that are uninhabitable or barely habitable, and density values calculated as described make no allowance for this, nor for differences in patterns of land settlement.
### Composition of major areas and regions

#### AFRICA

**Eastern Africa**
- Burundi
- Comoros
- Djibouti
- Eritrea
- Ethiopia
- Kenya
- Madagascar
- Malawi
- Mauritius
- Mayotte
- Mozambique
- Réunion
- Rwanda
- Seychelles
- Somalia
- South Sudan
- Uganda
- United Republic of Tanzania
- Zambia
- Zimbabwe

**Middle Africa**
- Angola
- Cameroon
- Central African Republic
- Chad
- Congo
- Democratic Republic of the Congo
- Equatorial Guinea
- Gabon
- Sao Tome and Principe

**Northern Africa**
- Algeria
- Egypt
- Libyan Arab Jamahiriya
- Morocco
- Sudan
- Tunisia
- Western Sahara

**Southern Africa**
- Botswana
- Eswatini
- Lesotho
- Namibia
- South Africa

**Western Africa**
- Benin
- Burkina Faso
- Cabo Verde
- Côte d'Ivoire

**Western Asia**
- Armenia
- Azerbaijan
- Bahrain
- Cyprus
- Georgia
- Iraq
- Israel
- Jordan
- Kuwait
- Lebanon
- Oman
- Qatar
- Saudi Arabia
- State of Palestine
- Syrian Arab Republic
- Turkey
- United Arab Emirates
- Yemen

#### ASIA

**Eastern Asia**
- China
- China, Hong Kong SAR
- China, Macao SAR
- Democratic People's Republic of Korea
- Japan
- Mongolia
- Republic of Korea

**South-Central Asia**
- Afghanistan
- Bangladesh
- Bhutan
- India
- Iran (Islamic Republic of)
- Kazakhstan
- Kyrgyzstan
- Maldives
- Nepal
- Pakistan
- Sri Lanka
- Tajikistan
- Turkmenistan
- Uzbekistan

**South-Eastern Asia**
- Brunei Darussalam
- Cambodia
- Indonesia
- Lao People's Democratic Republic
- Malaysia
- Myanmar
- Philippines
- Singapore
- Thailand
- Timor Leste
- Viet Nam

#### EUROPE

**Eastern Europe**
- Belarus
- Bulgaria
- Czech Republic
- Hungary
- Poland
- Republic of Moldova
- Romania
- Russian Federation
- Slovakia
- Ukraine

**Northern Europe**
- Åland Islands
- Denmark
- Estonia
- Faeroe Islands
- Finland
- Guernsey
- Iceland
- Ireland
- Isle of Man
- Jersey
- Latvia
- Lithuania
- Norway
- Sweden
- United Kingdom of Great Britain and Northern Ireland

**Southern Europe**
- Albania
- Andorra
- Bosnia and Herzegovina
Croatia
Gibraltar
Greece
Holy See
Italy
Malta
Montenegro
North Macedonia
Portugal
San Marino
Serbia
Slovenia
Spain

Western Europe
Austria
Belgium
France
Germany
Liechtenstein
Luxembourg
Monaco
Netherlands
Switzerland

LATIN AMERICA and the CARIBBEAN
Caribbean
Anguilla
Antigua and Barbuda
Aruba
Bahamas
Barbados
Bonaire, Saba and Sint Eustatius
British Virgin Islands
Cayman Islands
Cuba
Curacão
Dominica
Dominican Republic
Grenada
Guadalupe

Haiti
Jamaica
Martinique
Montserrat
Puerto Rico
Saint Kitts and Nevis
Saint Lucia
Saint Vincent and the Grenadines
Sint Maarten (Dutch part)
Trinidad and Tobago
Turks and Caicos Islands
United States Virgin Islands

Central America
Belize
Costa Rica
El Salvador
Guatemala
Honduras
Mexico
Nicaragua
Panama

South America
Argentina
Bolivia (Plurinational State of)
Brazil
Chile
Colombia
Ecuador
Falkland Islands (Malvinas)
French Guiana
Guyana
Paraguay
Peru
Suriname
Uruguay
Venezuela (Bolivarian Republic of)

NORTHERN AMERICA
Bermuda
Canada
Greenland
Saint Pierre and Miquelon
United States of America

OCEANIA
Australia and New Zealand
Australia
New Zealand
Norfolk Island

Melanesia
Fiji
New Caledonia
Papua New Guinea
Solomon Islands
Vanuatu

Micronesia
Guam
Kiribati
Marshall Islands
Micronesia (Federated States of)
Nauru
Northern Mariana Islands
Palau

Polynesia
American Samoa
Cook Islands
French Polynesia
Niue
Pitcairn
Samoa
Tokelau
Tonga
Tuvalu
Wallis and Futuna Islands