

PRACTICAL INFORMATION	
Venue	Oslo Military Society is situated in the city centre of Oslo, at Myntgaten 3.
Oslo Gardermoen Airport	Oslo Gardermoen Airport (OSL) is situated north of Oslo, approximately 50 kilometres from Statistics Norway. For further details: www.osl.no
Transport	<p>Airport Express Train (Flytoget) runs from the airport to Oslo S (Central train station). This train is the fastest transportation from the airport to the city centre and takes about 20 minutes. When you have collected your luggage and entered the arrivals hall, turn to the right. Departures every 10 minutes Monday–Friday 0646–2306, Sundays 1246–2346. Saturdays every 20 minutes. The price is NOK 160. You can pay cash at a ticket window or use a credit/debit card at the ticket machines. You can also swipe your card through a card reader at the station before getting on board. If you register your credit card in advance at www.flytogetkvttering.no, you will automatically receive a receipt by email the next day.</p> <p>Airport Coaches (www.flybussen.no) run from the airport to busterminalen (the bus terminal) and some hotels every 20 minutes and takes about 40 minutes. The price is NOK 130.</p> <p>Airport Taxi to the city centre costs at least 650 NOK. Make sure to specify that you want an airport taxi, which gives you a fixed rate.</p>
Hotels	<p>Information on hotel booking is given in your confirmation letter. For more information about the hotels:</p> <ul style="list-style-type: none"> – Thon Hotel Cecil Single-room NOK 1235,- a night, breakfast included. Booking by phone 47 23 31 48 00, the ref. number 3941300. – Thon Hotel Spectrum Single-room NOK 945,- a night, breakfast included. Booking by e-mail : spectrum.booking@thonhotels.no and state the ref.number 3327220. – Clarion Hotel Royal Christiania Single-room NOK 1495,- a night, breakfast included. Booking by phone: 0047 23 10 80 90 and state ref. number 15330. – Rica Hotels Single-room NOK 1115,- a night, breakfast included. Deadline for hotel booking is 12 March 2008. Booking by phone 0047 24 14 70 00 and state ref. number 115545. <p>Most hotels in the city centre will be within 20 minutes walking distance of Oslo Military Society.</p>

<i>Helpdesk</i>	If you are in need of any assistance during your stay in Norway, please feel free to contact any of the following telephone numbers: Ingrid Horverak +47 93263187 Marte Kittelsen +47 47400574 Désirée Vikse +47 994456449
<i>Weather</i>	At the end of April it is spring in Oslo. Variable weather with temperatures between approx five to fifteen degrees (Celsius). We recommend some warm clothing and sturdy shoes.
<i>Language</i>	Most Norwegians speak English and it isn't difficult to get in contact with people.
<i>Price rates</i>	Many visitors find Norway expensive. Due to high taxes, wine, beer and other beverages are expensive compared to most other countries. However, it is possible to find good places that offer meals at lower prices.
<i>Money</i>	Banks are open from 9am to 3.30pm. All standard credit cards are accepted in the shops and there are cash points on almost every corner. The local currency is Norwegian Kroner (NOK) 100 NOK = 12,5 euro.
<i>Smoking</i>	Smoking indoors in public places is prohibited by law in Norway, and this must be respected.
<i>Shops</i>	Shops in the centre of Oslo are generally open from 10am to 5pm, but shopping centres are open until 6pm or 8pm.